WELCOME TO THE
OLYMPIC DEVELOPMENT PROGRAM
The IYSA Olympic Development Program Philosophy

To develop players of the highest caliber on a continuing and consistent basis, by providing exceptional practice sessions conducted by professional coaches. The purpose of the ODP program is to identify players to represent their state, region and eventually the United States in soccer competition. This is a supplemental program offered to serious soccer players who love the game and have hopes of playing in college, professionally and for the US National team.
The game is what drives changes in behavior, reflection and decision making for the player/the team and the coach.

The evaluation, analysis and reflection of experiences to develop competencies and improve behavior.

Input and consideration for all interconnected aspects of the game, the athlete and the desired outcome.
The IYSA Olympic Development Program Objectives

- Develop Individual Players - Holistic Approach with emphasis on the technical development of individual players

- Evaluate and Identify Players – From the beginning of the winter training, coaches are taking notes and evaluating all players
Practice Structure and Curriculum

US Soccer position names and associated numbers.

- Position specific roles and player responsibilities based on the 1-4-3-3 formation in 11 vs. 11 game.
Practice Structure and Curriculum

- All components of soccer noted in every practice session
- All practice plans are created and divided into four stages:
  - Warm-Up Activity
  - Orientation Activity
  - Learning Activity
  - Implementation - Final Game
Practice Structure and Curriculum

- An example of a practice plan created in four stages using the DLC

- All practice topics appropriate for specific age groups (the Curriculum) will be provided to all coaches by the Associate Director of Coaching.
Evaluation Criteria

Players are evaluated by four major components:

- Technical ability
- Tactical Understanding of the game
- Physical ability
- Psycho-Social component
Illinois ODP 6 - Step Player Development Pathway
The IYSA Olympic Development Program Process

- Players begin by participating in a series of seven Winter training sessions.
- We will select two teams from each age group: Illinois State Select Team and Illinois State Pool Team, with 18 players on each roster for the 11v11 game model and 16 players for the 9v9 model.
- Evaluations will follow and all ODP teams will be finished before club season starts.
# The IYSA Olympic Development Program

## Events

<table>
<thead>
<tr>
<th>State Select Team</th>
<th>State Pool Team</th>
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<tbody>
<tr>
<td>- Memphis Inter Regional - Region II/III Miscellaneous</td>
<td>- Wyandotte Sporting Fields in KC Miscellaneous</td>
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<tr>
<td>- Memphis, TN</td>
<td>- Puma Cup Showcase Miscellaneous</td>
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<tr>
<td>- IYSA Rockford College Showcase Miscellaneous</td>
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<tr>
<td>- Rockford, IL</td>
<td>- Miscellaneous</td>
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<tr>
<td>- Indiana Friendlies Miscellaneous</td>
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**IYSA Developmental Camp** - June/July 2020 - Dates and Times TBD
Interstate Matches for the State Team and Pool Team

- Dec 13th-15th - Wyandotte Sporting Fields in KC, (06 - 08 Boys & Girls)

- Jan 4th - Grand Park - 03 - 08 Boys PRIOR TO STATE TEAM SELECTION
- Jan 5th - Grand Park - 03 - 08 Girls PRIOR TO STATE TEAM SELECTION

- Jan 13th - STATE TEAM SELECTIONS
Interstate Matches for the State Team and Pool Team

• Jan 25\textsuperscript{th} - Rockford Showcase - 02/03 - 05 Girls STATE TEAMS
• Jan 26\textsuperscript{th} - Rockford Showcase - 02/03 - 05 Boys STATE TEAMS

• Feb 1\textsuperscript{st} - Rockford Friendlies - 06/07 Girls STATE TEAMS
• Feb 2\textsuperscript{nd} - Rockford Friendlies - 06/07 Boys STATE TEAMS

• Feb 8\textsuperscript{th} - Rockford Friendlies - 08 Boys and Girls
• Feb 9\textsuperscript{th} – Rockford State Teams Training - 03 - 07 Boys and Girls
Interstate Matches for the State Team and Pool Team

• Feb 15th - 17th - Memphis Showcase (03 - 08 Boys & Girls STATE TEAMS)

• April 3rd - 5th - Rockford Puma Cup (02/03 - 07 boys & girls POOL TEAMS)
Key Expectations for Parents of an ODP Player

- Help your child set realistic goals for the ODP process
- Help your child understand the “Process of Identification”
- Help your children learn the importance of receiving constructive feedback.
- Help your children understand that a “NO” does not mean never
- Help your children understand that a well rounded player can have more opportunities than who plays only one position
- Help to create a healthy environment in the car ride home after all ODP events.
## Key Qualities of an ODP Player

<table>
<thead>
<tr>
<th>Quality</th>
<th>Description</th>
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<tbody>
<tr>
<td>1. Read and Understand the Game and Make Decisions</td>
<td>Applies knowledge of the cues&lt;br&gt;Reads and analyzes situations regarding attacking/defending/transition&lt;br&gt;Understands where and when to move themselves and the ball&lt;br&gt;Aligns own actions with other players and positions</td>
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<tr>
<td>2. Take Initiative, Be Proactive</td>
<td>Creates opportunities instead of reacting&lt;br&gt;Contrasts situations&lt;br&gt;Challenges opponents</td>
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<tr>
<td>3. Demonstrate Focus</td>
<td>Plays to win&lt;br&gt;Demonstrates bravery&lt;br&gt;Deals with adversity&lt;br&gt;Remains calm and composed</td>
</tr>
<tr>
<td>4. Execute with Optimal Technical Abilities</td>
<td>Shows comfort with the ball&lt;br&gt;Is technically proficient to be effective&lt;br&gt;Is proficient in all situations to create or to regain the ball</td>
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<tr>
<td>5. Execute with Optimal Physical Abilities</td>
<td>Demonstrates physical awareness (what their bodies can do)&lt;br&gt;Is coordinated in their movement</td>
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<tr>
<td>6. Take Responsibility and Accountability for Own Development and Performance</td>
<td>Is involved and engaged throughout every game/training session&lt;br&gt;Delivers on agreements and promises&lt;br&gt;Is adaptable and flexible in dealing with (unexpected) challenges and problems&lt;br&gt;Articulates own learning needs&lt;br&gt;Evaluates and reflects on own performance</td>
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Choose It
In Conclusion

- The Olympic Development Program provides players the opportunity to test themselves against other elite players.
- The goal of the program is to evaluate, develop, and identify players on their Player Development journey.
- The successful player in this process is the player who is able to adapt, adjust and perform at their optimal level.
Who to Contact

- Ivan Rico - Administration, Schedule, Finances, etc.
  odp@illinoisyouthsoccer.org

- Marek Radziszewski - Coaching and Player Development matters and/or all Olympic Development Program general questions
  marekr@illinoisyouthsoccer.org
Thank You