



## YOUTH SPORTS GUIDELINES

In Phase III, youth sports activities are limited to drills, practices, and lessons that do not involve contact and allow for 6-ft of social distancing to be maintained (no competitive games).

### GENERAL HEALTH

1. Employees should wear face coverings over their nose and mouth
2. Maintain social distance of at least 6-ft.
3. Frequent hand washing

### HR AND TRAVEL POLICIES

1. Employees shall not report to, or be allowed to remain at, work if sick or symptomatic

### HEALTH MONITORING

1. Employers should make temperature checks available for employees and encourage their use
2. Have a wellness screening program for conducting in-person screenings of employees upon arrival
3. If employee contracts COVID-19, they should remain isolated at home for a minimum of 10 days after symptom onset until feverless and feeling well for at least 72 hours OR has 2 negative COVID-19 tests in a row, 24 hours apart
4. If an employee is identified as being COVID-19 positive by testing, CDC cleaning and disinfecting should be performed
5. Any employee who has had close contact with someone with COVID-19 should quarantine for 14 days

### PHYSICAL WORKSPACE

1. Display signage with face covering requirements, social distancing guidelines, and cleaning protocols, in multiple languages as needed
2. Activities (e.g. practices, drills, lessons) should be set up to allow for 6-ft. of distancing between participants
3. Ensure at least 10-ft. between individual recreation stations
4. Water fountains, except for touchless water bottle refill stations, should be made unavailable for use
5. Close facility concession stands

### EXTERNAL INTERACTIONS

1. Before allowing external supplier or visitor to enter, ask whether the individual is currently exhibiting COVID-19 symptoms
2. Keep log of all external suppliers/ visitors who enter premises

### DISINFECTING/CLEANING PROCEDURES

1. Cleaning and disinfecting of premises should be conducted in compliance with CDC protocols on a weekly basis
2. Clean and disinfect common areas (e.g., restrooms, cafeterias) and surfaces which are touched by multiple people (e.g., entry/exit doorknobs, stair railings) frequently
3. Minimize sharing of high-touch equipment; if equipment is shared, sanitize before and after use
4. Sanitize individual recreation stations before and after participant use

### STAFFING AND ATTENDANCE

1. For indoor facilities, maximum occupancy of 50% of facility capacity
2. Team/group sizes should be limited to 10 participants or fewer per every one adult
3. Teams/groups should be static, with no mixing of employees or participants
4. Designate employee(s) to monitor capacity limits and social distancing

### CUSTOMER BEHAVIORS

1. By appointment only (e.g. no walk-ins, no pick-up games)
2. Before participating, instructors must ask whether participant is currently exhibiting COVID-19 symptoms
3. Maintain attendance log of participants
4. Participants should wash hands with soap and water or use hand sanitizer before participating
5. Spectators are not permitted unless required for parental supervision
6. Participants should bring their own source of water
7. No handshakes at the beginning or end of practice
8. Participants should wear face coverings over their nose and mouth, sanitize hands regularly, avoid touching facility accessories, use their own equipment, and use their own equipment