



Restore Illinois Phase 3
Return To Activity Protocol

We will not be taking questions during the presentation. Any questions you have before or after the after the presentation please email to chrisj@illinoisyouthsoccer.org and the appropriate staff member will follow-up with you

Illinois Youth Soccer Association (IYSA) is dedicated to protecting the health and safety of our soccer community. We understand that our member organizations want to get back on the field, but this must be done with strict focus on the safety of the players, coaches, referees and families and following state and local guidelines for resumption of activities

Know ALL your responsibilities and requirements
not just those listed in the Illinois Youth Soccer
documents

- ▶ Illinois Department of Health/Restore Illinois
 - ▶ Center For Disease Control
- ▶ Ask questions – Be prepared to get and give
answers people do not want to hear

Criteria for participation in permitted small group training sessions for athletes, coaches and staff:

- ▶ Sessions must be confined to no more than ten (10) people including the coach.
- ▶ All participants must maintain at least a 6 feet distance between each other.
- ▶ Small group training sessions should take place outside in an area where social distancing can be maintained.
- ▶ Participants must not exhibit any signs or symptoms of COVID-19 in the past 14 days and have no known exposure to someone that has been ill in 14 days.
- ▶ Participants must live in training location/community and have not travelled for at least 14 days prior to beginning training/activity.
- ▶ Participants must not have above normal temperature readings; temperature checks should not be conducted by staff but by players and their families prior to attending training.

- ▶ Upon arrival to training, coaches or staff should ask each athlete if they are experiencing any signs or symptoms of COVID-19. If an athlete has any signs or symptoms of COVID19, the athlete should be sent home and instructed to contact his/her healthcare provider as soon as possible.
- ▶ Appropriate infection prevention supplies should be present in multiple targeted areas (e.g., hand sanitizer, facial tissues, facial coverings, hand wash stations, etc.).
- ▶ Participants should use their own equipment and properly sanitize the equipment after every training session.
- ▶ Participants should use their own water bottle, towel and any other personal hygiene products.
- ▶ Avoid any activities that may require direct or indirect contact (e.g. bumping) between athletes.
- ▶ Establish a cleaning schedule/protocol for equipment with the proper use of disinfectant before, during, and after training.
- ▶ Ensure participants are abiding by the State of Illinois' ordinance regarding appropriate personal protective equipment, (gloves, face mask, etc.) Masks are permitted but not required to be worn by the players during training.
- ▶ Coaches must maintain social distancing from all participants.

Club Responsibilities:

- ▶ Collect from each participant the signed “IYSA Communicable Disease Release of Liability and Assumption of Risk Agreement” PRIOR to every athlete’s participation. Keep the executed Agreement for a minimum of seven (7) years and make it available to the IYSA upon request.
- ▶ Complete and submit to IYSA prior to the start of activities the “IYSA Organization Communicable Disease Agreement”.
- ▶ Do not mandate participation - be sensitive and accommodating to parents who may be uncomfortable about returning to play at this time.
- ▶ Create and distribute protocols to members prior to the start of activities.
- ▶ Communicate insurance information, protocol and responsibilities to the parents prior to initial participation. IYSA does not provide any insurance coverage for Covid-19 related claims.
- ▶ Identify strategies for working with public health officials to notify adult leaders, youth and their families if the organization becomes aware of a participant or adult leader has developed COVID-19 and may have been infectious to others while at a youth activity.
- ▶ Be prepared to shut down and stop operations.

Coach Responsibilities:

- ▶ Masks are permitted but not required to be worn by the players during training.
- ▶ Ensure all athletes have their own individual equipment (ball, water, bag etc.)
- ▶ Ensure coach is the only person to handle equipment (e.g. cones, disk etc.); do not enlist parental or attendee assistance.
- ▶ All training should be conducted outdoors and compliant with social distancing per state or local health guidelines
- ▶ Coaches should maintain at least 6 feet social distance requirements from players based on state and local health requirements.
- ▶ Coaches should wear a mask when players arrive, depart and when giving instruction.
- ▶ Do not use scrimmage vest or pinnies.

Insurance

To be covered by Illinois Youth Soccer (IYSA) insurance for practice/training only during Illinois Restore Phase 3, the IYSA Member club/league must abide by the following requirements:

- ▶ The practice must be a formal, organized practice/training, not games, by an IYSA Member club/league for IYSA Member League players only.
- ▶ The participants including players and coaches must be registered with and have a current, valid pass from the IYSA Member League and must be on file with the IYSA.
- ▶ The Member club/league must have a signed “IYSA Communicable Disease Release of Liability and Assumption of Risk Agreement” on file for each participant including but not limited to the players, coaches, staff, volunteers prior to the start of the first practice/training. These documents should be made available IYSA upon request.

- ▶ The IYSA does not provide any insurance coverage for Covid-19 related claims.
- ▶ The practice/training must abide by all the requirements listed in the IYSA Return to Activity Protocol.
- ▶ The IYSA Member club/league must complete and submit to the IYSA prior to its first practice/training the “IYSA Organization Communicable Disease Agreement”.
- ▶ Failure to follow the state and local government public health orders, Centers for Disease Control guidelines and IYSA protocol involving COVID-19 or any other communicable disease may void medical and liability coverage for your organization under the IYSA insurance placements.
- ▶ IYSA continues to suspend all Tournament Passes, Travel Permits, Out-of-State Permits, sanctioned tournaments, and insurance coverage for all activities including but not limited to games, tryouts, tournaments and participation in US Youth Soccer or US Soccer Member sanctioned tournaments or games in another state even if that state is considered “open”.

Common Questions

Please note that all questions are answered in line with the fact that as a state we are in Phase 3 of state government of Restore Illinois Plan. As we move through phases the answers can and will change.

** A webinar for best practices for coaches (under the current environment) will be delivered on Tuesday May 26 at 10am. This will also be recorded and posted**

Activities Permitted:

Small group (10 or less) training in which social distancing is strictly observed and game conditions are avoided.

Fitness, speed and agility training

Activities Prohibited:

Full practices, scrimmages, games, etc.

Common Questions

What constitutes the space for the group of 10 people? a field, 1/2 field, 1/4 field - should be specific?

A – 50 x 50 Area minimum. Each player in a grid 10x 10 yards- Each grid will be 4 yards (12 ft) apart. Players standing in the middle of a grid will be 14 yards away from the closest player.

Should there be more distance between players than 6 feet, sweat, saliva can travel when kids are active?

A - Due to the nature of physical activity, plan on 13' between each player's grid

Designated areas for players should be clearly marked

Can balls be shared or is this considered equipment if only touched with feet?

A – 1 ball per player – no sharing of any soccer balls.

How can goalkeepers be incorporated?

A – Isolated Training Sessions

Common Questions

If kids are contained to grids, can we they move from grid to grid if there different stations, i.e. kick wall, shooting?

A – No movement to other grids in station work.

Games – can we have scrimmage type games where players stay 6 feet plus away from each other. For example 3v3?

A- No, scrimmaging in any form is not allowed during Phase 3.

Equipment – are we allowed to give players their own disc cones or do they have to provide their own?

A- Limit equipment brought to practice – No sharing of bibs, water bottles etc. Clubs should provide cones as equipment and sanitize after each session. Players should be encouraged to bring their own soccer balls.

Common Questions

Can you do tryouts?

A– Under the current situation the session will be regarded as an Individual Tryout **at a practice/training only.**

Additional Info

- ▶ Sessions should be staggered, Minimum of 20 minutes apart to minimize exposure to people coming in and out and the coach resetting the space for the next session, sanitizing cones.
- ▶ Parking spaces should be staggered for social distancing
- ▶ No contact by players, teammates or coaches during the sessions

Due to NO competitive situation or game play in the training sessions the recommendations are below:

- ▶ Training Session Time - Recommendations
- ▶ Time – 10U – 45 mins
- ▶ Time – 11U and older – 60 mins

Club e-directory

- ▶ Free Full page ad for all member clubs
- ▶ Ads due Friday, May 22
- ▶ Posted last week of May

Important Contacts

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